# Curriculum Vitae

# Personalia

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| Surname: Bourgois  Name: Annabel |  |  |
| Address: Lindenstraat 15, 9831 Deurle  Tel: + 32 493 49 72 64  Email: annabel.bourgois@gmail.com |  |  |
| Date of birth: December 4th,1972 |  |  |
| Place of birth: Kortrijk, Belgium |  |  |
| Nationaliteit: Belgian |  |  |
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# Objective:

# To invest myself and my talents in evoking transformation in people by helping them seize every “problem” as an opportunity for growth in all areas of their life.

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# Key skills:

Intuitive, holistic approach, creative with a focus on tangible and lasting results.

# Training

CCPC Certified Professional Co-Active Coach. CTI. Mei 2011

Coaching Intermediate 2010

Coaching Fundamentals feb 2009

ORSC Organisational and Relationship Coaching. CRR Global 2010

Various communication trainings, self improvement courses and Mindfulness retreats.

Masters Degree in languages at PHVT, Ghent

Provinciale Hogeschool voor Vertalers en Tolken, Ghent Belgium

Graduated in 1995

Aston University Birmingham, UK in 1994. Exchange student in Languages

St Andre, Ramegnies-Chin, Belgium: Latin-Sciences. French speaking school.

OLV ter Engelen lyceum, Kortrijk : Latin-Mathematics

# Professional Experience

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| 2009 – present:  Life and leadership coaching at Levenskracht. Owner.  2002 – 2009:  Assisting spouse of David Dewulf (former husband) at IAM (Instituut voor Aandacht en Mindfulness) where I was responsible for human resources, internal and external communications, translations and public relations. The Institute is training both health care providers and individuals in Mindfulness Based Cognitive Therapy.  The company grew from solo-entrepeneur to a SME of 20 employees.  2000-2001:  Commercial Advisor, Fortis Bank, Kortrijk  1997-1998:  Translation work. Freelance. |  |  |
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# Languages

Dutch: Mother tongue

French, English: very fluent

Italian: good

German: basic